



# Women's Artistic Schedule

February 22-24, 2024

### Competition Venue

Salt Palace Convention Center  
90 S. West Temple ~ Hall 5  
Salt Lake City, UT 84202

## Blue Gym

Thursday	Open Stretch	Teams
XP	2:30pm	All American, Axis, Bailies, Bold, Fierce, Momentum-WX Mtn West (ID), Mtn West (UT), Olympus, Star
L6	5:45pm	Air-Bound, All American, Axis, Bailies, High Altitude, Jump Up Mtn West (UT), Nebo, Olympus
Friday	Open Stretch	Teams
<b>UPDATED JAN 8<sup>th</sup></b>		
L8/L10	8:00am	L8: Axis, BIO, BDSJ, Cache Elite, Mtn West (UT), Nebo L10: ALL
L9	11:45am	ALL
L8	2:45pm	Bold, Gold Medal, Mtn West (ID), Olympus
L7	6:00pm	All American, BDPC, Bold, Jump Up, Mtn West (ID), Nebo
Saturday	Open Stretch	Teams
L6	8:00am	Bayshore, BDSJ, Bold, Gold Medal, Gym 406, Legacy Mtn West (ID), National
L7	10:30am	Air-Bound, Axis, Bailies, Bayshore, BDSJ, Gym 406, Gold Medal High Altitude, Mtn West (UT), National, N. Davis, Olympus
XP/XD	1:30pm	XP: BDSJ, CO West, National XD: ALL
<b>*FINALS* 6:00pm Top Athletes: L6-10</b>		

## Red Gym

Thursday	Open Stretch	Teams
L1/L2/XB	1:00pm	XB: Axis, BDPC, Bold, Fierce, Momentum, Mtn West (UT) L1/L2: ALL
XB	3:30pm	All American, Elevate, Epic, BDSJ, Mtn West (ID), Olympus, Star
L3	6:00pm	All American, Battle Mtn, BDPC, Legacy, Momentum-AF Mtn West (UT), National, Nebo
Friday	Open Stretch	Teams
XS	8:00am	Bold, Epic, Mtn West (ID), Olympus
XS	11:00am	All American, Axis, BDPC, BDSJ, Elevate, Fierce, Momentum-WX Star, Mtn West (UT)
XG	2:00pm	Axis, BDPC, BDSJ, Bailies, Mtn West (ID), Momentum-WX Momentum-AF, Mtn West (UT)
XG	5:15pm	All American, Bold, Olympus, Elevate, Fierce, National Star
Saturday	Open Stretch	Teams
L3	8:00am	Air-Bound, Jump Up, Momentum-WX, Bold, Mtn West (ID)
L4	10:45am	All American, BDPC, Bold, Jump Up, Momentum-AF, Legacy Mtn West (ID), Mtn West (UT),
L4/L5	1:45pm	L4: Air-Bound, Bayshore, Momentum-WX, Nebo, National, L5: ALL
<b>*FINALS* 6:00pm Top Athletes: XS-XD</b>		



# T&T Competition

## Schedule

February 22-24, 2024

### Competition Venue

Salt Palace Convention Center  
90 S. West Temple ~ Hall 5  
Salt Lake City, UT 84202

### GYM C

### All T&T Events

Thursday	Time	Levels	Age Groups
Session 1	5:00pm	Pre-Team, Level 1-2, HUGS	All
Friday	Time	Levels	Age Groups
Open Training	8:00-9:00am	Level 9+	All
Session 2	9:00-11:00am	Level 9+	All
Session 3	11:00am-1:30pm	M/W Levels 3-8	15y+
<b>LUNCH BREAK</b>			
Session 4	2:00-4:30pm	M/W Levels 3-8	13-14y
Session 5	4:30-7:00pm	M/W Levels 3-8	12y
Session 6	7:00-9:00pm	M/W Levels 3-8	11y
Saturday	Time	Levels	Age Groups
Session 7	8:00-10:30am	M/W Levels 3-8	7y - under
Session 8	10:30am-1:00pm	M/W Levels 3-8	8y
<b>LUNCH BREAK</b>			
Session 9	1:30-4:00pm	M/W Levels 3-8	9y
Session 10	4:00-6:00pm	M/W Levels 3-8	10y
<b>*TEAM FINALS*</b>		<b>6:00pm</b>	<b>All Teams / All Events</b>