

# MEMBER NEWSLETTER

DECEMBER 2024

This month we're grateful for our STAFF and COACHES.

Next time you're in the gym, say thank you to the people who are making a positive impact on our community and the lives of our kids.



**SOUTH JORDAN**  
BLACK DIAMOND GYM



## What's Coming Up

### Thanksgiving Closure Reminder

The gym will be closed  
Thu, Nov 28 -  
Sat, Nov 30

**Enjoy your break!**

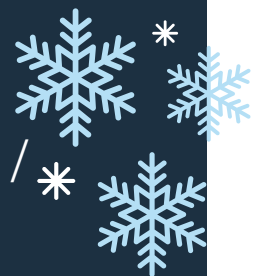


### Holiday Schedule Changes

Gym Closed Dec 13 -14 /  
In-House Meet

Gym Closed Dec 24 -26 /  
Holiday Break

Closed Dec 30 - Jan 1 /  
New Year's Day



# What's Coming Up: Kids Night Out




## KIDS NIGHT OUT CHRISTMAS PARTY

DECEMBER 20, 2024

6:30 PM - 9:30 PM

AGES 5-15 \$30 PER CHILD



Celebrate the magic of the season with our enchanting Kids Night Out - Christmas Party!

Join us at Black Diamond in South Jordan.

\*Must be pre-registered to attend. Space is limited - Sign-up early.

\*Each child **must** bring a snack.

801-790-1800

Daybreak, Utah

[BlackDiamondGym.com](http://BlackDiamondGym.com)



**BLACK DIAMOND**  
GYMNASTICS & SPORTS CENTER



# What's Coming Up: Drop & Shop

## DROP & SHOP

**DECEMBER 21**

12:30 PM - 4:30 PM

**GAMES, CRAFTS, OPEN GYM & MORE**

JOIN US FOR A FUN AFTERNOON FULL OF  
GAMES, ACTIVITIES AND CRAFTS!

\*PLEASE BRING A LUNCH!

**AGES 4 - 15**

**\$48 PER CHILD**



801-790-1800

DAYBREAK, UTAH

**BLACKDIAMONDGYM.COM**



# Gym Reminders

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## Picking up kids

**Families, as a friendly reminder, please be sure to arrive before you child's class ends to pick them up.** We want to keep all kids safe and assure we don't have anyone left alone or unsupervised.

**Please also make sure your kids know to wait inside for you.**

While it's tempting to have your kids go outside to find you on the curb or in the parking lot—it's not safe! Especially this time of year when daylight is so much shorter.

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## Class Timing

**Please note that not all classes run for the same exact amount of time:**

- Preschool gym classes (ages 1-5) = 45 min
- Recreational classes (ages 5+) = 55 min

**If you need clarification,** please check the website or ask a coach or staff member for help to find the class you're inquiring about.

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## Welcome New Staff

**We're excited to introduce our newest staff members and coaches.** Next time you're in the gym, please say hello and welcome them to the BDG family.

**Michellee** – Operations Director  
**Star** – Artistic Team & Rec Coach  
**Megan** – Gym Kids & Rec Coach  
**Elizabeth** – Rec Coach

**Deanna** – Right Start and Kids Klub Assistant  
**Miquela** – Right Start Teacher  
**Sam** – Customer Service

# Classes Available



**Save your furniture, and your sanity!** Instead of letting your kids bounce on the sofa (or anything else), get them out of your house and into our gym.

Check out our website for the full list of class types by description, ages, days and times available.



**Stealth mode: ACTIVATED!**  
Clean socks: optional...

**Ninja**  
Classes available in South Jordan!

**CAUTION:**  
Contents may flip without warning.

**Diaper Daredevils**  
Classes available in South Jordan!

help your kids gain a **WHOLE NEW PERSPECTIVE**

**Tumbling**  
Classes available in South Jordan!

Because the ground is **OVERRATED!**

**Urban**  
Classes available in South Jordan!

Funny meeting you here!

**Girls Gymnastics**  
Classes available in South Jordan!

Frogs learn to not sweat the small stuff. **INSTEAD, THEY JUST HOP OVER IT!**

**Tumble Frogs**  
Classes available in South Jordan!

# NEW! BDG Holiday Gift Shop



Visit our new  
BDG gift shop  
to find warm  
and cozy gifts  
for all ages!

Place your order by Dec 1 to  
receive it in time for Dec 25.